

FBC WALK/RUN FOR THE ROC

5K/8K

(ROC = RECREATION & OUTREACH CENTER)

APRIL 14, 2012 – 8:00 AM

LIVINGSTON ACADEMY PARKING LOT

REGISTRATION

NOW – MARCH 24 - \$20 WITH SHIRT

AFTER MARCH 24 - \$20 NO SHIRT

REGISTRATION CLOSSES 7:45AM DAY OF WALK/RUN

AWARD MEDALS: Overall Male & Female; 1st, 2nd, 3rd each age bracket & gender.

MAIL REGISTRATION & PAYMENT TO: David Howard, PO Box 5, Alpine, TN 38543

(Make checks payable to: FBC ROC RUN)

5K 8K NAME: _____ AGE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP _____ PHONE _____

Shirt Size: Youth Small Youth Medium (Adult sizes) Small Med Large 1X 2X 3X

WAIVER: In consideration for accepting my entry, I, for myself, my heirs, executors and administrators, waive and release forever any and all rights and claims for damages I may have against First Baptist Church of Livingston, its members, race organizers, volunteers, sponsors and supporters. I also release the above named for all claims of damages, demands and actions in any manner due to any personal injuries, property damage, or death sustained as a result of my participation in said race. I attest and verify that I am physically fit and have sufficiently trained for the competition of this event. I hereby grant First Baptist Church of Livingston and all sponsors permission to use my name, photograph and likeness in any broadcast, telecast or media account of the event. In filing out this form, I acknowledge I have read and fully understand the terms of this agreement.

SIGNATURE _____ PARENT'S SIGNATURE _____

(if under age 18)